

Doctor enters settlement for improperly prescribing drugs

◆ **Berlin:** Dr. William Foord found to have treated patients with prescribing controlled substances; writing prescriptions to immediate family, and to himself.

By **JOHN KOZIOL**
Union Leader Correspondent

BERLIN — An ophthalmologist with a longtime practice

in the city has entered into a settlement agreement with the state Board of Medicine for his improperly prescribing painkillers to a patient

and other medications to himself and family members.

Under the terms of the unappealable agreement, which culminates an investigation begun by the Board of Medicine in 2013 and precludes any additional disciplinary action against him,

Dr. William Foord will no longer be able to prescribe Schedule II, III, IV and V controlled substances; will have to pay a \$2,000 fine; and must participate in eight hours of Continuing Medical Education.

Immediately and for the next two years, Foord will

have to provide a copy of the settlement agreement to his current and future employers.

Foord, who has had a medical license in New Hampshire since 1975, signed the settlement agreement on June 23. It was signed by a representative of

the medical board on July 9 and made public July 17.

A member of the Berlin Medical Center, Foord had an emeritus affiliation with Androscoggin Valley Hospital in Berlin, an official there said on Monday.

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Andy Vachon, right, and Don Pinard of Manchester Parks & Recreation demonstrate a round of disc golf at the city's 18-hole course in wooded land adjacent to Brown and Mitchell Park and the Pine Grove Cemetery.

DAVID LANE/UNION LEADER

Disc golf on verge of coming to Manchester

By **TED SIEFER**
New Hampshire Union Leader

MANCHESTER — THE QUEEN City is known for having one of the only municipally-owned golf courses in the state, and soon it will be home to a new course — one with

forested paths instead of greens and discs in place of little white balls.

Perhaps most important in the view of would-be disc golfers, it will be free to play at the course, which will span about 70 acres of wooded land adjacent to the Brown and Mitchell Park and the Pine

Grove Cemetery. In places, the course will overlook the Merrimack River.

The goal of disc golf — sometimes referred to as “the poor man’s golf” — is to throw frisbee-like discs into baskets, which, like the traditional game, are typically laid out in a meandering series of 18

“holes.” More common in the West, the sport is steadily gaining in popularity in the Northeast.

Manchester Chief of Parks Don Pinard said he’s hopeful the 18-hole course, dubbed “the Hollows,” will catch on in a big

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Claremont demos old outdoor pool

By **MEGHAN PIERCE**
Union Leader Correspondent

CLAREMONT — The demolition of the John McClane Clark Outdoor Pool at Veterans Park is underway.

The declining use of the outdoor pool by the public didn’t warrant a costly renovation, according to City Manager Guy Santagate.

“When you looked at the amount of people using it — compared to how much water they were losing — it wasn’t worth it financially,” Mayor James Neilsen said Tuesday.

A resident who came in with the low bid of \$20,000 is demolishing the pool.

“He’s already knocked the cinder block (bathhouse) building down,” Neilsen said.

The cinder blocks are to be pushed into the concrete pool, the pool will be filled and the ground will be re-sloped and seeded, Neilsen said.

“The waterlines are stay-

“

“When you looked at the amount of people using it — compared to how much water they were losing — it wasn’t worth it financially.”

JAMES NEILSEN
Mayor of Claremont

ing intact, because at some point Claremont did talk about putting in a slide and splash park for kids,” Neilsen said, but there are no current plans for such a project. “As much as we’d like a splash park down there, Claremont has a lot of other infrastructure needs out there.”

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Dover man in critical condition after motorcycle crash

By **JOHN QUINN**
Union Leader Correspondent

ROCHESTER — A Dover man was listed in critical condition at Maine Medical Center after his motorcycle crashed into a car on Route 125 on Monday.

Gregory Hughes, 49, of Dover, struck a 2010 Chevrolet Cobalt driven by Darren Cushman, 51, of Milton, near 175 Milton Road-Route 125, police said. Police, firefighters and emergency personnel responded at 4:17 p.m.

Hughes, who was wearing a helmet, suffered serious injuries and paramedics from Frisbie Memorial Hospital took him to Skyhaven Airport, where he was flown to Maine Medical Center in Portland, Maine.

Following an initial investigation, police believe

the accident occurred when the Cobalt was pulling out of a business and attempting to cross the southbound lane to turn north on Milton Road.

Cushman was wearing a seatbelt and was not injured, according to police.

Police Lt. Anthony Bossi said investigators do not believe alcohol, drugs or speed were factors in the accident.

“We still have follow-up to complete before we can conclude with any other contributing factors,” Bossi said in an email.

Bossi said police rerouted traffic through neighboring businesses to keep Route 125 open while police and firefighters worked at the scene.

Both vehicles sustained moderate damage and were towed.

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QUEST summer camps moving to new communities

◆ **Camp began four years ago:** Expanding to Peterborough and Ludlow, Vt., this summer.

By **MEGHAN PIERCE**
Union Leader Correspondent

RINDGE — QUEST, a free summer camp for middle school children, started by Jaffrey and Rindge Rotarians is slowly spreading from its start at Franklin Pierce University four years ago to other communities.

This summer the Peterborough Rotary Club held a QUEST summer camp as

did members of the Rotary Club in Ludlow, Vermont.

QUEST stands for Quality Unlimited Education Summer Training. The camp mixes academics with fun activities.

“I look forward to it every summer,” said Nicci Munroe, 14, of Rindge.

The camp is for fifth to eighth grade students.

In her fourth year, Nicci said the camp has helped her stay on top of school during the year and has taught her leadership, responsibility and respect.

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Timothy Moreau, 15, of Jaffrey, Nicci Munroe, 14, of Rindge and Shyanne Forrest, 14, of Jaffrey play drums during QUEST summer camp at Franklin Pierce University Tuesday afternoon.

MEGHAN PIERCE

Coming up in NEW HAMPSHIRE'S NEWSPAPERS

nh weekend

Revving up for fair season

Nothing quite says New England like good old-fashioned summer country fairs, which begin in earnest throughout the Granite State in the next few weeks.

We take a look at the Cheshire, North Haverhill and Hebron celebrations, which collectively offer everything from the conventional — agricultural programs; concerts; and truck, tractor and horse pulls — to the less traditional, including deep fried Oreo cookies, a pumpkin-chucking cannon, and even a goat in a tutu.



► **Thursday**



Coupons!
Save \$359 Sunday!

Big value coming up

It’s always great to get money-saving coupons in your Sunday newspaper, but sometimes — like this coming weekend — the value is so incredible, “great” doesn’t say enough about the deals. This Sunday, the only statewide newspaper in New Hampshire will bring you coupons with a combined value of **\$359** (and change). Now that’s sayin’ something.

► **Sunday**

business

Social Security to the max

Faced with cracked nest eggs and shrinking pensions, baby boomers on the brink of retirement are turning to a growing number of free online programs that aim to help them squeeze the maximum from their Social Security benefits. Journal Sunday tries five of them and writes mini-reviews.

► **Sunday**

parade

Happily ever after

Once the cake has been cut and the bouquet tossed, what are the secrets to an everlasting marriage?

► **Sunday**



Spofford three-car crash injures two

By MEGHAN PIERCE
Union Leader Correspondent

SPOFFORD — Two women were injured in a three-car collision on Route 9 Tuesday morning.

Chesterfield police, fire and rescue units went to Route 9 at the Big Deal Discount store at 8:07 a.m. Tuesday for a report of a three-car accident.

According to the preliminary investigation, a 2008 Subaru driven by Korrine McManus, 34, of West Ches-

terfield collided with the 2002 Volkswagen driven by Gwen Mousin, 59, of Spofford as it was stopped waiting to turn left into the Big Deal Discount Store parking lot. The impact caused the Volkswagen to spin and then strike a 2011 Kia driven by Sara Harris, 26, of Spofford.

The collision caused extensive damage to the rear and front of the Volkswagen. Gwen Mousin suffered facial injuries and was trapped in the Volkswagen until fire-

fighters were able to free her. The Subaru sustained extensive front-end damage. McManus suffered back and abdominal injuries. The Kia sustained moderate damage to the driver's side. Both Harris and her daughter were uninjured.

McManus and Mousin were taken to Cheshire Medical Center in Keene by the Keene Fire Department with non-life threatening injuries. The crash remains under investigation.

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Pedestrians of a different sort



Manchester Officers Fred Gillis, riding General Stark, and Marc Lachance on Valor, park on Elm Street near City Hall Plaza as lunch-time traffic goes by.

DAVID LANE/UNION LEADER

QUEST

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She has also made friends. "Socially it helps you. You come out of your shell," she said.

The idea for QUEST came out of a desire by the Jaffrey-Rindge Rotary Club members to better serve the Rotary mission of community service, co-chair of the camp Tonya Albee said Tuesday.

Rotary members FPU president Jaimie Birge and SAU #47 Superintendent James O'Neill brought up the issue of "the summer slide," the term used to describe when students lose math and reading skills over summer vacation.

Albee had always gone to camp in the summertime as a child and was horrified to learn from the educators that a number of children don't get that opportunity.

The community has a lot of needs, but this need resonated with the Rotarians, she said.

The goal of QUEST is to give the children a summer camp experience as well as math and English classes at no charge, Albee said.

"We're just trying to make sure there's no summer slide for those two core subjects," Albee said.

Activities include music, swimming, kayaking and canoe trips, tree climbing, horseback riding, basic flying and historic bus tours.

Jaffrey-Rindge QUEST is a partnership between the Rotarians which raise \$30,000 each year for the camp as well as run and volunteer at the camp, FPU which provides the location and some staff and the school district



Aliyah McCarthy, 13, of Rindge lets her arrow fly during archery class at QUEST summer camp at Franklin Pierce University in Rindge Tuesday afternoon.

MEGHAN PIERCE

which provides teachers for the morning academic sessions.

There are also local experts that volunteer their time like Pelletier Sports in Jaffrey, which sends archery instructors to QUEST camp.

"There's a lot of volunteers that come in," Albee said. The school chooses the children who can participate based on who they deem could benefit the most.

Albee said she has seen QUEST campers go from D students to A students and from shy to brave.

It's a model any community could emulate, Albee said.

"These are kids would be typically sitting at home

doing nothing," Albee said.

Over the past two years, the Jaffrey-Rindge Rotary Club has been honored by the New England Board of Higher Education and Rotary International for the QUEST program.

And club members are reaching out to other Rotary clubs encouraging them to start their own QUEST camps.

"We want to make sure every town has this program," Albee said. "Any town could run one of these. Every town has kids and every town has volunteers. It doesn't have to be a Rotary Club, but Rotary is a resource full of professionals."

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Pool

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In October, a report compiled by a firm hired by the city to study the pool confirmed that repairs to the pool would not be worth the money.

The Boston-based firm Bargmann Hendrie + Archetype, Inc. said in its report that an investment of about \$460,000 by the city in order to reopen the current pool and bathhouse would not be a cost effective use of potential funds.

Built in the 1950s, the out-

door pool was last renovated in the 1970s.

The pool, which was typically open for just eight weeks out of the year, closed two summers ago because the large amounts of water leaking made chlorinating the pool properly difficult, creating a potential public health issue. The 35-year-old gutter system appeared to be the source of the pool leaks.

The Parks and Recreation Department had

supported the demolition and proposed a \$250,000 outdoor splash park to replace it. City officials gave residents opposed to the demolition until April to come up with an alternate plan to save the outdoor pool, but no one came forward.

The community has an indoor pool at the Claremont Savings Bank Community Center, which opened last year.

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Disc golf

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way.

"It's very affordable recreation," he said. "It doesn't matter how old or young you are; it's a great walk through the woods."

The only gear necessary for the game are the discs, which sell for \$9 to \$16 each.

Parks Division employees have been working with volunteers over the summer to clear brush and downed trees for the course. So far, one hole has been set up, and Pinard hopes the course will be ready to open sometime in the fall.

Pinard estimated that building the course will cost \$15,000 to \$20,000, with much of the money going toward the baskets and the design of the course.

The division hired Eric McCabe, the winner of the 2010 Professional Disc Golf Association World Championship, to design the course. McCabe wanted far less than another designer, in part as a way to gain a foothold in New England, Pinard said.

"It's kind of their way getting into New England," Pinard said. "New England is behind the curve, and this is a step forward, Manchester being the biggest city (in New Hampshire)."

Pinard said down the line, the course could generate revenue for the city. "We feel confident we're going to be able to attract a pro tournament, and that would bring some revenue," he said.

The closest public course



Manchester Parks & Rec Chief Don Pinard works on his short game while giving a tour of the city's 18-hole course in wooded land adjacent to Brown and Mitchell Park and the Pine Grove Cemetery.

DAVID LANE/UNION LEADER

to Manchester is Muldoon Park in Pelham. There are 19 disc golf courses in New Hampshire, many of them at ski resorts, according to the Disc Golf Scene website.

Pinard recently outlined the plans for the Manchester course in an email to the Board of Mayor and Aldermen. He said he didn't need board approval to move forward on the plan.

"This parcel of land hasn't been ... touched in years," he said. "It's making good use of the land that is there."

Those interested in more information or in volunteering can call the Parks Division at 624-6444, or visit the Facebook page "The Hollows Disc Golf Course."

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Manchester Parks & Rec Chief Don Pinard tees off while giving a tour of the city's 18-hole course in wooded land adjacent to Brown and Mitchell Park and the Pine Grove Cemetery.

DAVID LANE/UNION LEADER

Doctor

Continued from Page B1

According to the settlement agreement, the Board of Medicine in early 2013 received information that Foord "may be engaged in professional misconduct by inappropriately prescribing controlled substances to patients under his care."

Following an inquiry, the board on Feb. 14, 2013 issued Foord an Order of Emergency License Suspension of Prescribing Privileges and began the hearings that eventually led to the settlement agreement.

Foord stipulated in the agreement that in April 2007 he began treating patient "P.G." for recurrent chronic uveitis, primarily in her right eye. The patient was in "significant pain" and Foord, rather than refer her to a pain clinic, managed "P.G.'s" pain by prescribing controlled substances, mostly Oxycodone, from June 2007 through June 2011.

After learning of his actions in regard to "P.G.," the Board of Medicine on July 6, 2011 issued Foord a letter of concern, but from July through December of that year, Foord continued to prescribe controlled substances for "P.G.," including Oxycodone and Alprazolam, which goes by the trade name Xanax.

Patient P.G. died on Dec. 29, 2011 and her cause of death, the medical board said, was "acute intoxication from the combined effects of several drugs," including Oxycodone and Alprazolam.

Separately, the medical board also noted that in March 2008, Foord began treating Patient "K.B." for "debilitating headaches localized behind each eye related to bilateral occipital muscle pain, painful temporalis muscles, and anxiety and severe emotional

stress."

Over three years, ending in May 2011, Foord prescribed Alprazolam to K.B. and as with P.G., attempted to manage her care himself rather than referring her to a specialist or for drug treatment, the medical board said, adding that Foord should have had "reasonable grounds" to believe that K.B. was addicted to Alprazolam.

In addition to improperly prescribing to K.B. and P.G., Foord, the medical board said, violated both NH Medical Administrative Rules and the American Medical Association's Code of Ethics by prescribing Prilosec to one member of his immediate family and Zolof to another and by prescribing Lipitor, Prilosec and Enalapril Maleate, used to treat high blood pressure, to himself on several occasions.

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Nevins developer releases town from trail easement

◆ **Agreement forged:** Council unanimously approves offer by current property developer to pay \$35,000 to town.

By APRIL GUILMET
Union Leader Correspondent

LONDONDERRY — An ongoing dispute between the town, Nevins Active Adult Community residents and the neighborhood's developer was peacefully resolved Monday night.

Following a brief public hearing, town officials agreed to accept current property developer Gilcreast Realty Holdings' offer to pay the town of Londonderry \$35,000 for the release of an open space public easement on the cooperative property.

Dozens of Nevins residents seated in the audience burst into applause following the council's unanimous vote Monday, though no one commented publicly on the matter.

In March, town officials revealed that developers had made the town an offer to release a decade-old agreement to build a public walking trail.

With the town's accep-

tance of the offer this week, that trail will never be built.

During a series of public hearings held over the past year, many Nevins residents spoke out against the prospect of a walking trail, noting that in some cases pedestrians could very well end up hiking directly under some homeowners' windows.

However, the debate raised many questions from town officials, who wondered about the legalities of releasing part of an existing easement. Town officials later involved their attorneys in the process to clarify certain legal factors.

Prior to this week, the yet-to-be-built walking trail was part of a town-owned easement around the development's perimeter.

Voters approved the easement in 2003, after previous developer Elmer Pease initially pitched a subdivision on the same site that was much larger and wasn't age-restricted.

A special Town Meeting was held that year, where voters agreed to spend \$2.9 million to appease Pease, who in turn agreed to make Nevins a smaller, age-restricted development.

Pease is no longer involved in the project and

today there are 135 single-family homes in the Nevins cooperative neighborhood.

Londonderry Town Manager Kevin Smith said the \$35,000 being paid to the town would most likely be placed into a special account "for future enhancement of neighborhood trails" in other parts of town.

Town Council Chairman Tom Dolan said he believed the council made the best decision possible when faced with a difficult situation.

"As a council, we believe the best solution is to release any and all rights to the town within the easement," he said.

Councilor Jim Butler criticized Pease for his role in creating strife between the town and the Nevins residents.

"Quite frankly, to develop a piece of property where there are three (residential) encroachments on an easement is sloppy work on the developer's part," Butler said.

Dolan agreed with him. "This developer really created a lot of unnecessary heartburn for you and for the town," he told the Nevins residents.

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